



Highly Commended

Multimedia

Year 7-8

Caitlin Vass

Pembroke School

Oliphant Science Awards 2020

Entry 0486-001 Multimedia

Caitlin Vass, Year 7

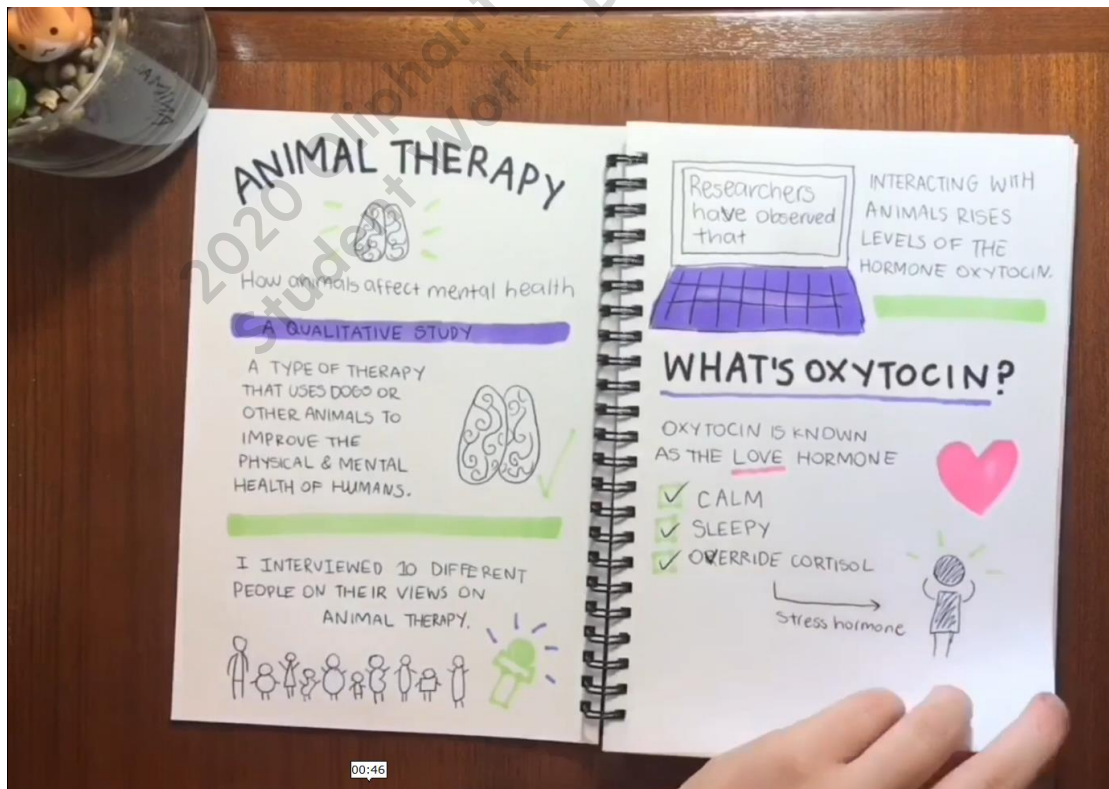
Animal Therapy: How Animals Affect Mental Health

Synopsis: A short video exploring how animals affect mental health. A qualitative study. 10 very different people were interviewed regarding their views on animal therapy. Researched, written, narrated, illustrated, filmed, and edited by a 12-year-old student over several months.

Caitlin - I am now 13!

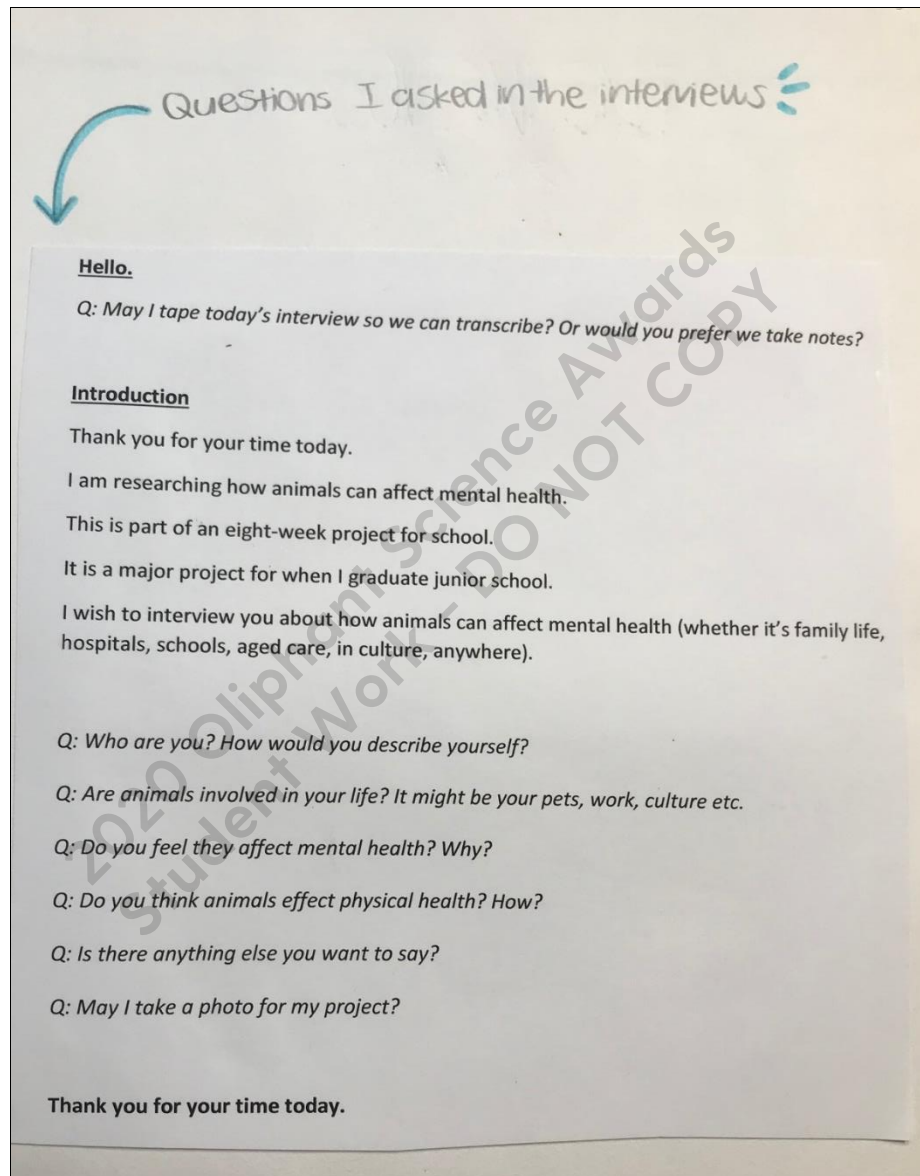
Video: 310Mb 2 minutes 59 seconds

Word count: 492

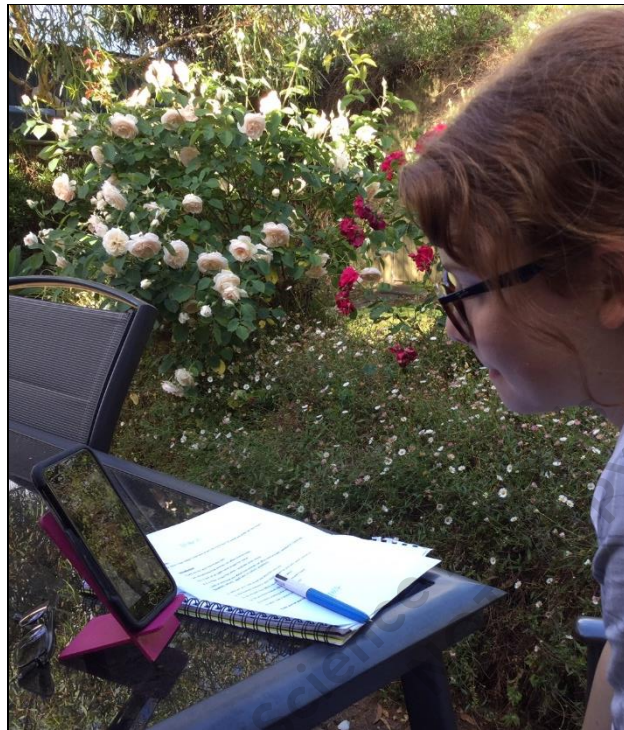


Project steps and technology used

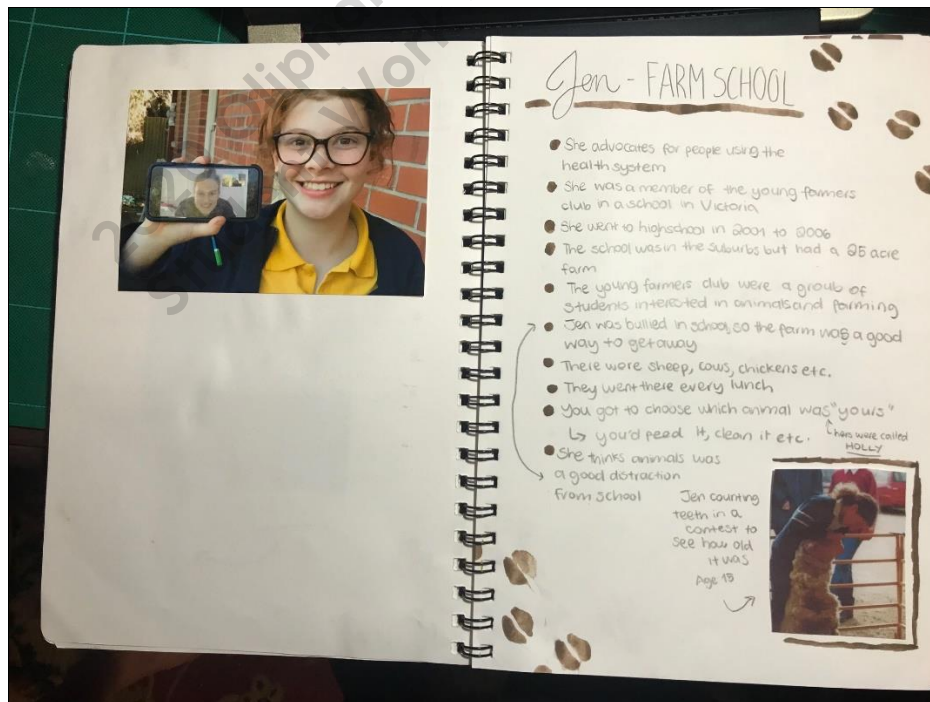
- After much thought I chose the topic.
- Decided on what types of people to interview: Young people, older people, teacher, doctor, event organiser at a zoo, aged care related, males, females etc.
- Made a list of questions to ask the people.

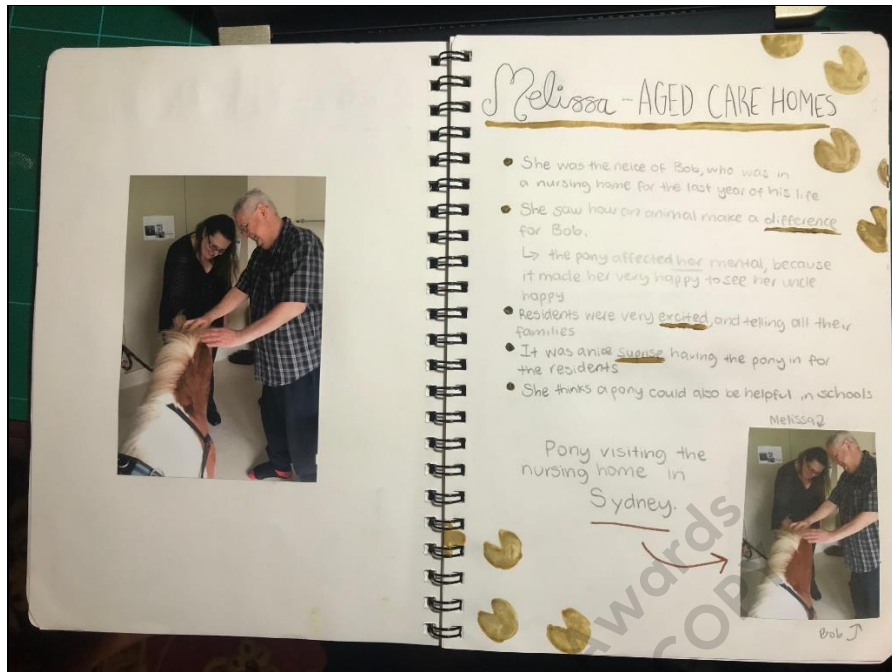


- Interviewed 10 people.
Face to face with people in SA and videoconference with people interstate.

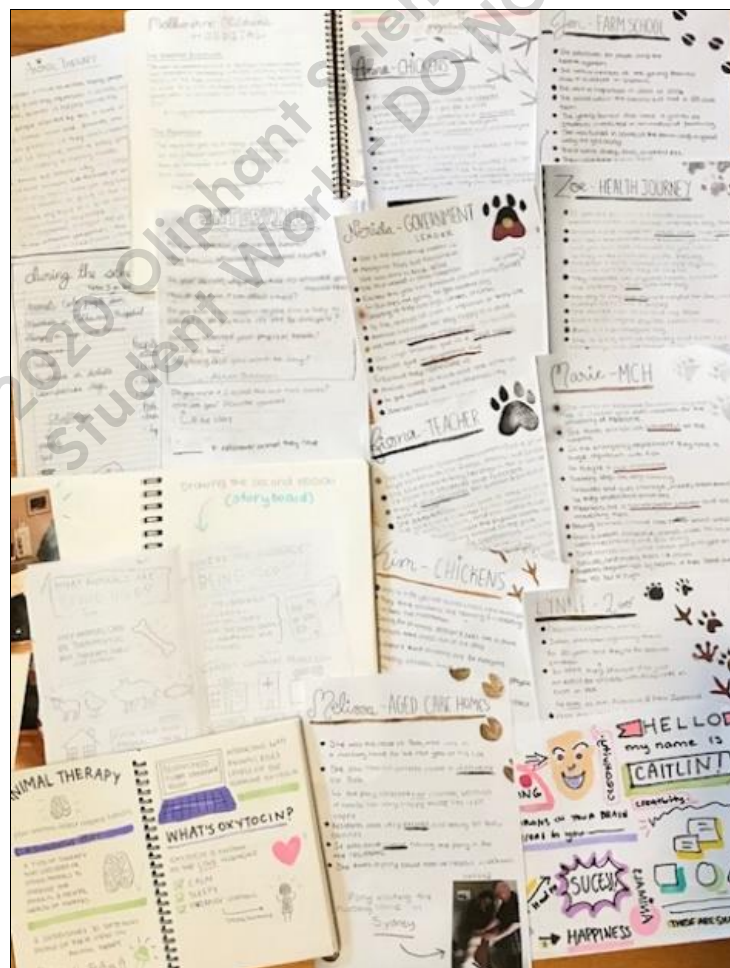


- Listened to the recordings and summarised the 10 interviews.

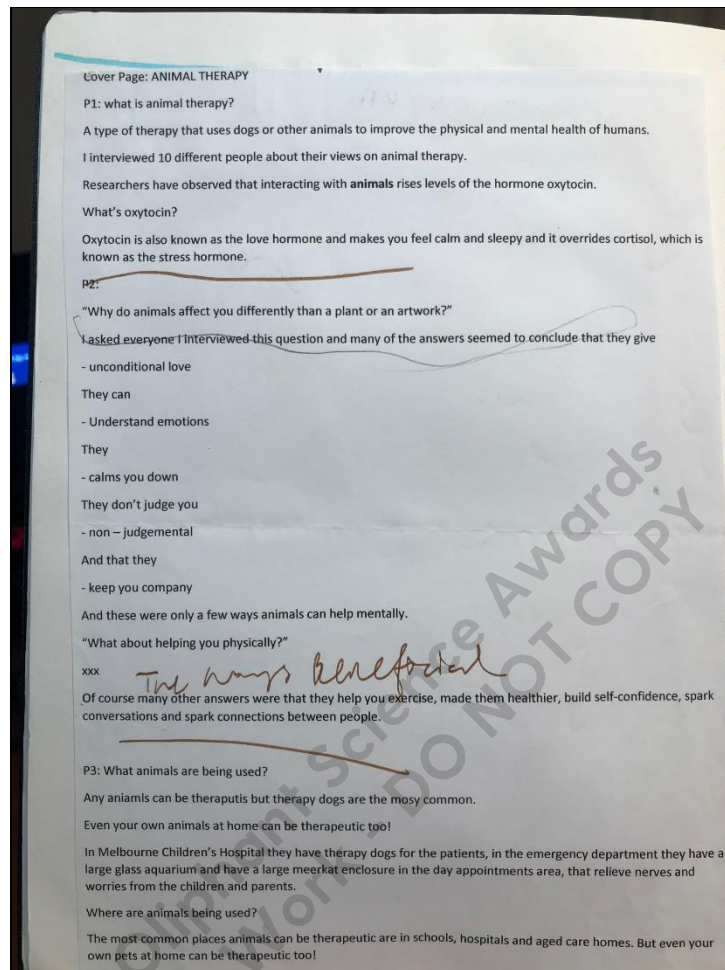




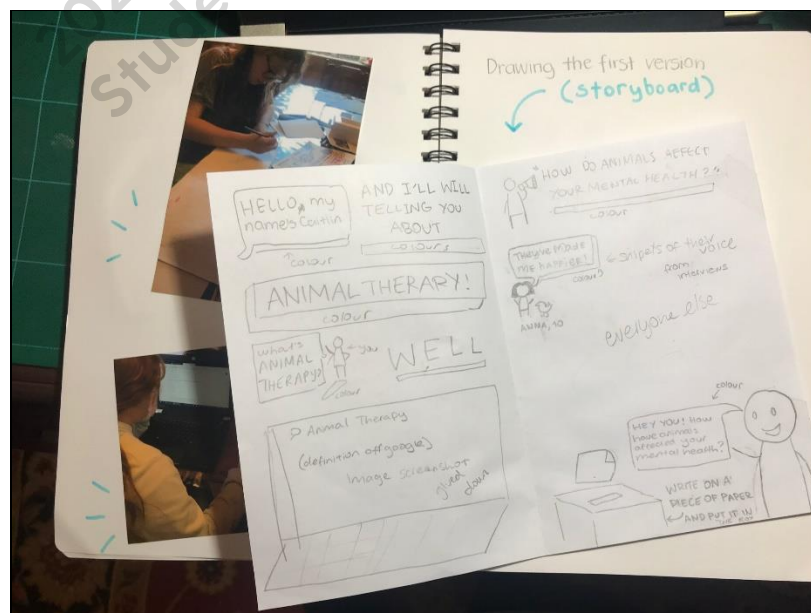
- Analysed the summaries to work out the themes.



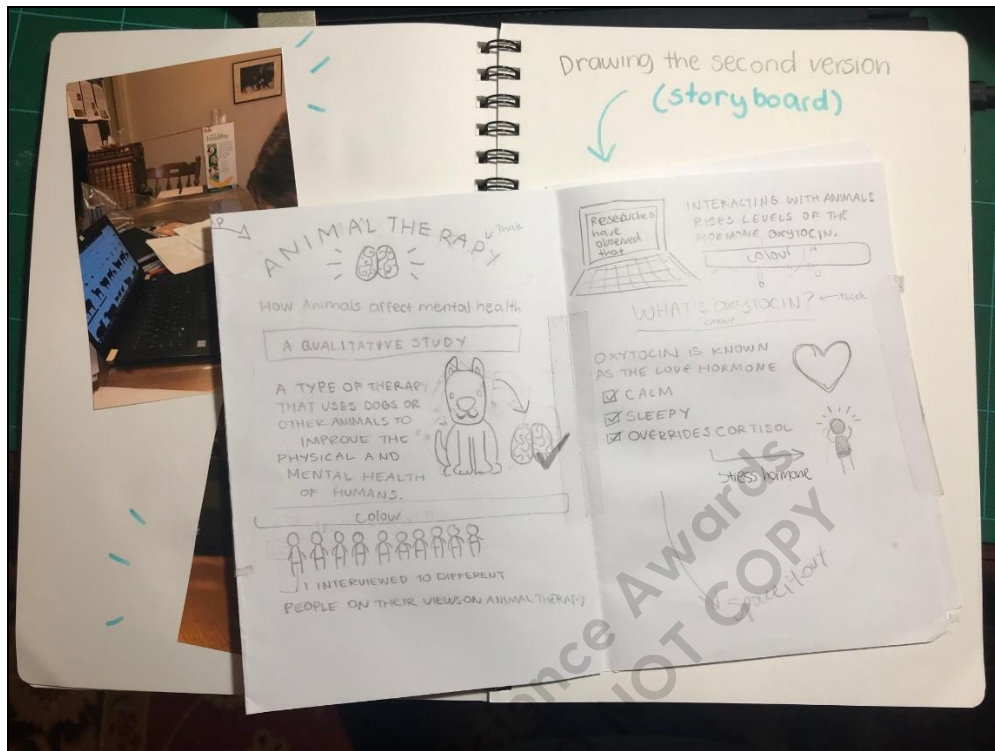
- Wrote the narration script.



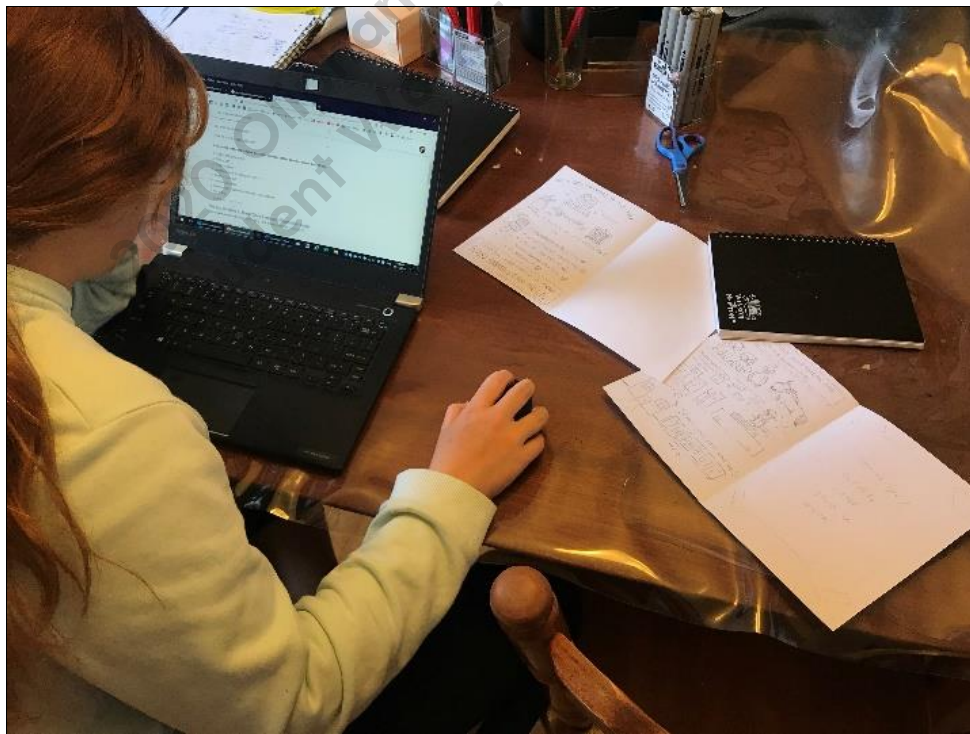
- First story board.



- Second story board.



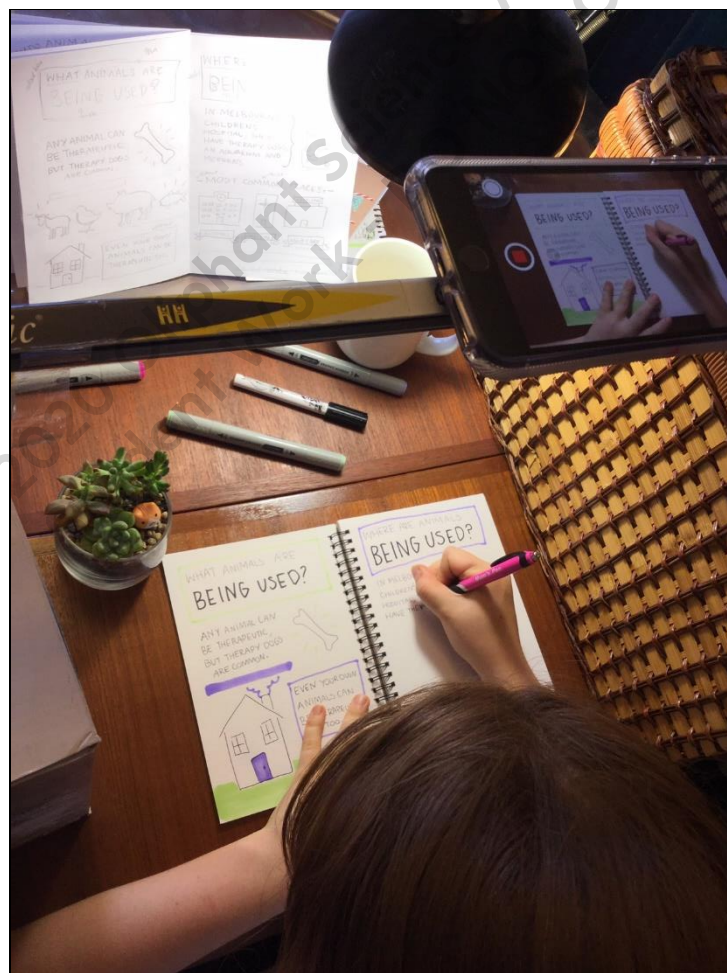
- Revised the script.



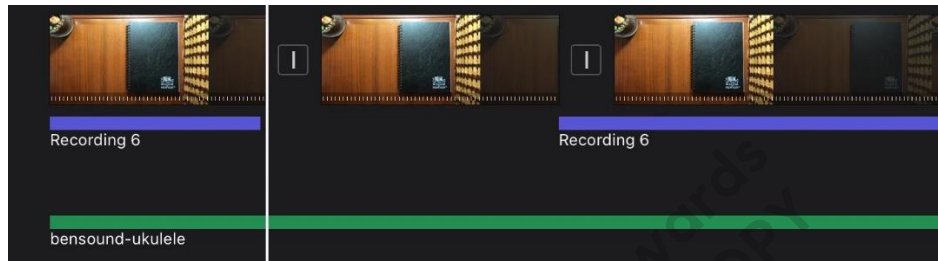
- Experimented with colour schemes/style.



- Experimented with different ways of filming – time lapse, speeding up normal video etc.
- Filmed the footage at normal speed using an iPhone.



- Using iMovie:
 - edited
 - sped up footage
 - added narration
 - added **royalty free music from BenSound** (which later my family purchased to thank the creator (\$105) during a time of COVID-19, even though the licence for this use meant we did not have to).



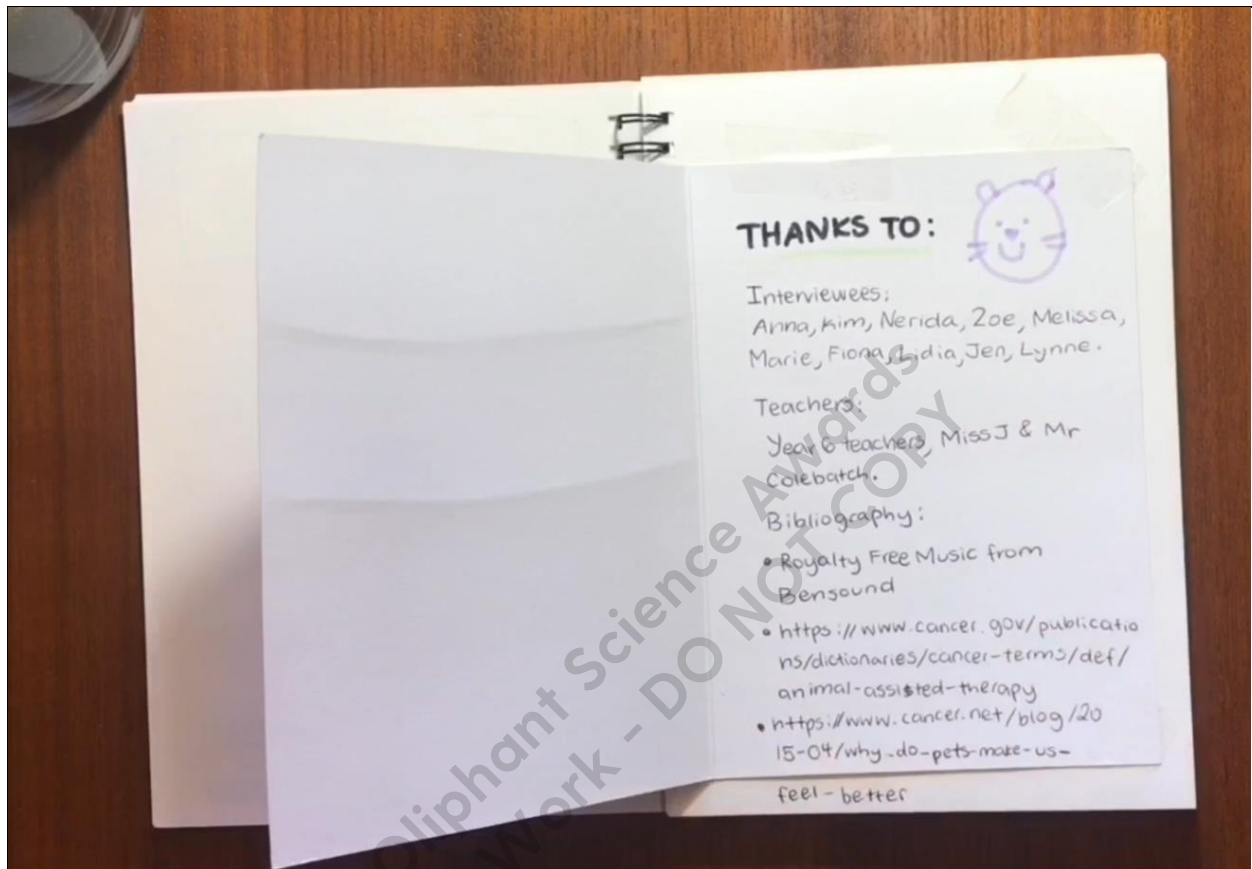
- Thanked everyone involved in the project.

Challenges

Challenge	Overcome By
Choosing the topic	Discussions with my teachers, parents and friends. Making a list of topics that I was interested in.
Deciding how to present	Discussion with teachers. Looked at other projects. Looked at type of information I wanted to present.
Deciding movie style	Looked at different videos on YouTube.
Working how to speed up the movie but still have good quality	Experimented with different filming techniques, including time lapse on the phone and an app called Stop Motion. Decided to go with filming at normal speed and then speeding it up in iMovie.
So much writing and drawing – several hours – my hand was tired	Lots of breaks.
Balancing this project with other school and non-school commitments. Working to a deadline.	The project was over one and a bit school terms. The interviews were over number of weeks. The filming/editing stage was intense in the last few days. Editing on the weekend helped.

Sources of information

My video includes a bibliography in the final scene, which is shown as a thank you card:



Researched, written, narrated, illustrated, filmed, and edited by me over several months. My mum helped reach out to the people I interviewed and lent me her technology. My teachers helped me think about the topic.

Thank you also to the Oliphant Science Award organisers, sponsors and judges for supporting young people. As well as my teachers and the school for setting us the challenge of researching a topic and producing an item based on it.



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